



Quincy RCC, October 2018

1458 Hancock Street, Quincy, MA 02169

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RCC Hours: Monday-Friday, 8:30-3p

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/1	10/2	10/3	10/4	10/5
10-11 DRA 11:30-12:30 Wellness-Physical 1-2 Peer Support	10-11 Recovery 101 12-1 Elements of WRAP 1-2 Artwork for Fall Project	10-11 Discovery Recovery 11:30-12:30 Wellness-Intellectual 1-2 Community Dialogue	10-11 Peer Support 12:30-1:30 Wellness-Emotional	10-11 DRA 11:30-12:30 Music and Song 1-3 Afternoon at the Movies
10/8	10/9	10/10	10/11	10/12
Closed on Columbus Day	10-11 Recovery 101 12-1 Discovery Recovery 1-2 Financial Peace	10-11 DRA 11:30-12:30 Wellness-Spiritual 1-2 Community Dialogue	10-11 Peer Support 12:30-1:30 Nature 1:30-2:30 Peer Support	10-11 DRA 11:30-12:30 Music and Song 1-3 Afternoon at the Movies
10/15	10/16	10/17	10/18	10/19
10-11 DRA 11:30-12:30 Wellness-Physical Health 1-2 Peer Support	10-11 Recovery 101 12-1 Peer Support 1-2 Wellness-Open Forum	10-11 DRA 11:30-12:30 Peer Support 1-2 Community Dialogue	10-11 Peer Support 12:30-1:30 Wellness-Varied Topics	10-11 DRA 11:30-12:30 Music and Song 1-3 Afternoon at the Movies
10/22	10/23	10/24	10/25	10/26
10-11 DRA 11:30-12:30 Wellness-Meal Preparation 1-2 Peer Support	10-11 Recovery 101 12-1 Peer Support 1-2 Community Resources	10-11 DRA 11:30-12:30 Wellness-Financial 1-2 Community Dialogue	10-11 Elements of WRAP 12:30-1:30 Nature 1:30-2:30 Peer Support	10-11 DRA 11:30-12:30 Music and Song 1-3 Afternoon at the Movies
10/29	10/30	10/31		
10-11 DRA 11:30-12:30 Wellness-Environment 1-2 Peer Support	10-11 Recovery 101 12-1 Peer Support 1-2 Wellness-Emotional	10-11 DRA 11:30-12:30 Wellness-Occupational 1-2 Community Dialogue		

Note: Peer Advisory Board Meeting, Wednesday, October 10th from 10:30-12pm @ 730 Belmont St, Brockton, MA

Note: Peer Networking, Thursday, October 11th, from 4:30-6:30pm @ 730 Belmont St, Brockton, MA

Calendars created by Liz D'Uva. Calendars can be viewed on our website @ www.southeastrlc.org