

Quincy RCC, January 2019

1458 Hancock Street, Quincy, MA 02169

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RCC Hours: Monday-Friday, 8:30-3p

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1/1 Closed on New Year's Day	1/2 10-11 DRA 11:30-12:30 Wellness-Social 1-2 Peer Support	1/3 10-11 Elements of WRAP 11:30-12:30 Journaling 1-2 Current Events-Local/National	1/4 10-11 DRA 11:30-12:30 Music and Song 1-3 Afternoon at the Movies
1/7 10-11 DRA 11:30-12:30 Wellness-Physical Health 1-2 Peer Support	1/8 10-11 Recovery 101 12-1 Discovery Recovery 1-2 Wellness-Spiritual	1/9 10-11 DRA 11:30-12:30 Wellness-Occupational 1-2 Community Dialogue	1/10 10-11 Peer Support 11:30-12:30 Nature 1-2 Peer Support	1/11 10-11 DRA 11:30-12:30 Music and Song 1-3 Afternoon at the Movies
1/14 10-11 DRA 11:30-12:30 Wellness-Physical Health 1-2 Peer Support	1/15 10-11 Recovery 101 12-1 Peer Support 1-2 Wellness-Environmental	1/16 10-11 DRA 11:30-12:30 Wellness-Spiritual 1-2 Peer Support	1/17 10-11 Peer Support 11:30-12:30 Journaling 1-2 Current Events-World	1/18 10-11 DRA 11:30-12:30 Winter Art Project 1-3 Afternoon at the Movies
1/21 Closed on Martin Luther King Day	1/22 10-11 Recovery 101 12-1 Peer Support 1-2 Wellness-Intellectual	1/23 10-11 DRA 11:30-12:30 Wellness-Financial 1-2 Community Dialogue	1/24 10-11 Peer support 11:30-12:30 Nature 1-2 Peer Support	1/25 10-11 DRA 11:30-12:30 Music and Song 1-3 Afternoon at the Movies
1/28 10-11 DRA 11:30-12:30 Wellness-Environment 1-2 Peer Support	1/29 10-11 Recovery 101 12-1 Peer Support 1-2 Wellness-Financial	1/30 10-11 DRA 11:30-12:30 Wellness-Emotional 1-2 Peer Support	1/31 10-11 Discovery Recovery 11:30-12:30 Journaling 1-2 Peer Support	

Note: [SERLC Holiday Party on Friday, January 4th from 11:30-2:30pm at 45 Plant Rd, Hyannis RCC](#)

Calendars created by Liz D'Uva. Calendars can be viewed on our website @ www.southeastrlc.org