



## Quincy RCC, January 2018

1458 Hancock Street, Quincy, MA 02169

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RCC Hours: Monday-Friday, 8:30-3p, Tuesdays, 4:30-6p TAY Group Only

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/1	1/2	1/3	1/4	1/5
<b>Closed for New Year's Day</b>	10-11 Recovery 101 <b>12-1 Social Security Changes for 2018</b> 1-2 Financial Peace  4:30-6 Young Adult Group	10-11 Discovery Recovery 11:30-12:30 Journaling 1-2 Community Dialogue	10-11 Peer Support 12-1 DRA 1:30-2:30 Nature	10-11 Music and Song 11:30-12:30 Arts and Crafts <b>12:30-1</b> What's Happening this Weekend 1-3 Afternoon at the Movies
1/8	1/9	1/10	1/11	1/12
10-11 Mindfulness/Meditation 11:30-12:30 Discovery Recovery 1-2 Peer Support	10-11 Recovery 101 12-1 DRA 1-2 Financial Peace  4:30-6 Young Adult Group	10-11 Discovery Recovery 11:30-12:30 Journaling 1-2 Community Dialogue	10-11 Peer Support 12-1 DRA 1:30-2:30 Nature	10-11 Music and Song 11:30-12:30 Arts and Crafts <b>12:30-1</b> What's Happening this Weekend 1-3 Afternoon at the Movies
1/15	1/16	1/17	1/18	1/19
<b>Martin Luther King Day</b> 10-11 Mindfulness/Meditation 11:30-12:30 Discovery Recovery 1-2 Peer Support	10-11 Recovery 101 12-1 DRA 1-2 Financial Peace  4:30-6 Young Adult Group	10-11 Discovery Recovery 11:30-12:30 Journaling 1-2 Community Dialogue	10-11 Peer Support 12-1 DRA 1:30-2:30 Nature	10-11 Music and Song 11:30-12:30 Arts and Crafts <b>12:30-1</b> What's Happening this Weekend 1-3 Afternoon at the Movies
1/22	1/23	1/24	1/25	1/26
10-11 Mindfulness/Meditation 11:30-12:30 Discovery Recovery 1-2 Peer Support	10-11 Recovery 101 12-1 DRA 1-2 Financial Peace  4:30-6 Young Adult Group	10-11 Discovery Recovery 11:30-12:30 Journaling 1-2 Community Dialogue	10-11 Peer Support 12-1 DRA 1:30-2:30 Nature	10-11 Music and Song 11:30-12:30 Arts and Crafts <b>12:30-1</b> What's Happening this Weekend 1-3 Afternoon at the Movies
1/29	1/30	1/31		
10-11 Mindfulness/Meditation 11:30-12:30 Discovery Recovery 1-2 Peer Support	10-11 Recovery 101 12-1 DRA 1-2 Financial Peace  4:30-6 Young Adult Group	10-11 Discovery Recovery 11:30-12:30 Journaling 1-2 Community Dialogue		

**Note:** Bowling Event at Ryan Family Amusements, 115 New State Hwy, Raynham, MA 02767 on Monday, January 29<sup>th</sup> from 12-2:30pm

Calendars created by Liz D'Uva. Calendars can be viewed on our website @ [www.southeastrlc.org](http://www.southeastrlc.org)