



## Hyannis Recovery Connection Center, October 2018

45 Plant Road, Hyannis, MA 02061

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 RCC Hours: Mon; 10a-3p, Tues; 10a-2p, Wed; 10a-2p, Thu; 10a-2p, Fri; 10a-2p

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>10/1</b> 10-11 The News Crew 11-12 The Bingo's 12-1 Self-Esteem 1-2 Recovery through Art & Music 2-3 Peer Support	<b>10/2</b> 10-11 Peer Support 11-12 Fish Bowl 12-1 Take a Stand 1-2 Peaceful Mind	<b>10/3</b> 10-12 Cooking with Friends 12-1 Meditation Movement 1-2 Peer Support	<b>10/4</b> 10-11 Peaceful Mind 11-12 Peer Support 12-1 Art Expression 1-2 Building Community	<b>10/5</b> 10-11 Peer Support 11-12 The Act's of Life 12-1 Fish Bowl 1-2 Relaxation
<b>10/8</b> <b>Closed on Columbus Day</b>	<b>10/9</b> 10-11 Peer Support 11-12 Fish Bowl 12-1 Take a Stand 1-2 Peaceful Mind	<b>10/10</b> 10-12 Cooking with Friends 12-1 Meditation Movement 1-2 Peer Support	<b>10/11</b> 10-11 Peaceful Mind 11-12 Peer Support <b>12-1 Artwork for Fall Project</b> 1-2 Building Community	<b>10/12</b> 10-11 Peer Support 11-12 The Act's of Life 12-1 Fish Bowl 1-2 Relaxation
<b>10/15</b> 10-11 The News Crew 11-12 The Bingo's 12-1 Self-Esteem 1-2 Recovery through Art & Music 2-3 Peer Support	<b>10/16</b> 10-11 Peer Support 11-12 Fish Bowl 12-1 Take a Stand 1-2 Peaceful Mind	<b>10/17</b> 10-12 Cooking with Friends 12-1 Meditation Movement 1-2 Peer Support	<b>10/18</b> 10-11 Peaceful Mind 11-12 Peer Support 12-1 Art Expression 1-2 Building Community	<b>10/19</b> 10-11 Peer Support 11-12 The Act's of Life 12-1 Fish Bowl 1-2 Relaxation
<b>10/22 &amp; 29</b> 10-11 The News Crew 11-12 The Bingo's 12-1 Self-Esteem 1-2 Recovery through Art & Music 2-3 Peer Support	<b>10/23 &amp; 30</b> 10-11 Peer Support 11-12 Fish Bowl 12-1 Take a Stand 1-2 Peaceful Mind	<b>10/24 &amp; 31</b> 10-12 Cooking with Friends 12-1 Meditation Movement 1-2 Peer Support	<b>10/25</b> 10-11 Peaceful Mind 11-12 Peer Support 12-1 Art Expression 1-2 Building Community	<b>10/26</b> 10-11 Peer Support 11-12 The Act's of Life 12-1 Fish Bowl 1-2 Relaxation

**Note:** If you plan to be here a while, the RCC has various snacks or you may choose to bring a lite bite of your own.

**Note:** Peer Advisory Board Meeting, Wednesday, October 10<sup>th</sup> from 10:30-12pm @ 730 Belmont St, Brockton, MA

**Note:** Peer Networking, Thursday, October 11<sup>th</sup>, from 4:30-6pm @ 730 Belmont St, Brockton, MA

Calendars created by Liz D'Uva. Calendars can be viewed on our website @ [www.southeastrlc.org](http://www.southeastrlc.org)