

Hyannis Recovery Connection Center, November 2018

45 Plant Road, Hyannis, MA 02061

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RCC Hours: Mon; 10a-3p, Tues; 10a-2p, Wed; 10a-2p, Thu; 10a-2p, Fri; 10a-2p

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/5 10-11 The News Crew 11-12 The Bingo's 12-1 Self-Esteem 1-2 Recovery through Art & Music 2-3 Peer Support	11/6 10-11 Peer Support 11-12 Fish Bowl 12-1 Take a Stand 1-2 Peaceful Mind	11/7 10-12 Cooking with Friends 12-1 Meditation Movement 1-2 Peer Support	11/1 & 8 10-11 Peaceful Mind 11-12 Peer Support 12-1 Art Expression 1-2 Building Community	11/2 & 9 10-11 Peer Support 11-12 Fish Bowl 12-1 The Act's of Life 1-2 Relaxation
11/12 The RCC will be closed in Observance to Veterans' Day	11/13 10-11 Peer Support 11-12 Fish Bowl 12-1 Take a Stand 1-2 Peaceful Mind	11/14 10-12 Cooking with Friends 12-1 Meditation Movement 1-2 Peer Support	11/15 10-11 Peaceful Mind 11-12 Peer Support 12-1 Art Expression 1-2 Building Community	11/16 10-11 Peer Support 11-12 Fish Bowl 12-1 The Act's of Life 1-2 Relaxation
11/19 10-11 The News Crew 11-12 The Bingo's 12-1 Self-Esteem 1-2 Recovery through Art & Music 2-3 Peer Support	11/20 10-11 Peer Support 11-12 Fish Bowl 12-1 Take a Stand 1-2 Peaceful Mind	11/21 10-12 Cooking with Friends 12-1 Meditation Movement 1-2 Peer Support	11/22 Closed for Thanksgiving Day	11/23 10-11 Peer Support 11-12 Fish Bowl 12-1 The Act's of Life 1-2 Relaxation
11/26 10-11 The News Crew 11-12 The Bingo's 12-1 Self-Esteem 1-2 Recovery through Art & Music 2-3 Peer Support	11/27 10-11 Peer Support 11-12 Fish Bowl 12-1 Take a Stand 1-2 Peaceful Mind	11/28 10-12 Cooking with Friends 12-1 Meditation Movement 1-2 Peer Support	11/29 10-11 Peaceful Mind 11-12 Peer Support 12-1 Art Expression 1-2 Building Community	11/30 10-11 Peer Support 11-12 Fish Bowl 12-1 The Act's of Life 1-2 Relaxation

Note: If you plan to be here a while, the RCC has various snacks or you may choose to bring a lite bite of your own.

Note: The RCC will be closed on Monday, November 12th due to lack of transportation.

Calendars created by Liz D'Uva. Calendars can be viewed on our website @ www.southeastrlc.org