



## Hyannis Recovery Connection Center, July 2018

45 Plant Road, Hyannis, MA 02061

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RCC Hours: Mon; 10a-3p, Tues; 10a-2p, Wed; 10a-2p, Thu; 10a-2p, Fri; 10a-2p

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/2 10-11 The News Crew 11-12 The Bingo's 12-1 Self-Esteem 1-2 Recovery through Art & Music 2-3 Peer Support	7/3 10-11 Peer Support 11-12 Fish Bowl 12-1 Take a Stand 1-2 Peaceful Mind	7/4 RCC Closed for the 4 <sup>th</sup> of July	7/5 10-11 Peaceful Mind 11-12 Peer Support 12-1 Art Expression 1-2 Building Community	7/6 10-11 Peer Support 11-12 The Act's of Life 12-1 Fish Bowl 1-2 Relaxation
7/9 10-11 The News Crew 11-12 The Bingo's 12-1 Self-Esteem 1-2 Recovery through Art & Music 2-3 Peer Support	7/10 10-11 Peer Support 11-12 Fish Bowl 12-1 Take a Stand 1-2 Peaceful Mind	7/11 10-12 Cooking with Friends 12-1 Meditation Movement 1-2 Peer Support	7/12 10-11 Peaceful Mind 11-12 Peer Support 12-1 Art Expression 1-2 Building Community	7/13 10-11 Peer Support 11-12 The Act's of Life 12-1 Fish Bowl 1-2 Relaxation
7/16 10-11 The News Crew 11-12 The Bingo's 12-1 Self-Esteem 1-2 Recovery through Art & Music 2-3 Peer Support	7/17 10-11 Peer Support 11-12 Fish Bowl 12-1 Take a Stand 1-2 Peaceful Mind	7/18 10-12 Cooking with Friends 12-1 Meditation Movement 1-2 Peer Support	7/19 10-11 Peaceful Mind 11-12 Peer Support 12-1 Art Expression 1-2 Building Community	7/20 10-11 Peer Support 11-12 The Act's of Life 12-1 Fish Bowl 1-2 Relaxation
7/23 & 30 10-11 The News Crew 11-12 The Bingo's 12-1 Self-Esteem 1-2 Recovery through Art & Music 2-3 Peer Support	7/24 & 31 10-11 Peer Support 11-12 Fish Bowl 12-1 Take a Stand 1-2 Peaceful Mind	7/25 10-12 Cooking with Friends 12-1 Meditation Movement 1-2 Peer Support	7/26 10-11 Peaceful Mind 11-12 Peer Support 12-1 Art Expression 1-2 Building Community	7/27 10-11 Peer Support 11-12 The Act's of Life 12-1 Fish Bowl 1-2 Relaxation

**Note:** If you plan to be here a while, the RCC has various snacks or you may choose to bring a lite bite of your own.

Calendars created by Liz D'Uva. Calendars can be viewed on our website @ [www.southeastrlc.org](http://www.southeastrlc.org)