Hyannis Recovery Connection Center, January 2019

45 Plant Road, Hyannis, MA 02061

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RCC Hours: Mon; 10a-3p, Tues; 10a-2p, Wed; 10a-2p, Thu; 10a-2p, Fri; 10a-2p

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1/1 **Closed on New Year's Day**	**1/2** **10-12** Cooking with Friends **12-1** Meditation Movement **1-2** Peer Support	**1/3** **10-11**Peaceful Mind **11-12** Peer Support **12-1** Art Expression **1-2** Building Community	**1/4** **SERLC Holiday Party, 11:30-2:30pm**
1/7 **10-11** The News Crew **11-12** The Bingo's **12-1** Self-Esteem **1-2** Recovery through Art & Music **2-3** Peer Support	**1/8** **10-11** Peer Support **11-12** Fish Bowl **12-1** Take a Stand **1-2** Peaceful Mind	**1/9** **10-12** Cooking with Friends **12-1** Meditation Movement **1-2** Peer Support	**1/10** **10-11**Peaceful Mind **11-12** Peer Support **12-1** Art Expression **1-2** Building Community	**1/11** **10-11** Peer Support **11-12** Fish Bowl **12-1** The Act's of Life **1-2** Relaxation
1/14 **10-11** The News Crew **11-12** The Bingo's **12-1** Self-Esteem **1-2 Winter Art Project** **2-3** Peer Support	**1/15** **10-11** Peer Support **11-12** Fish Bowl **12-1** Take a Stand **1-2** Peaceful Mind	**1/16** **11-12 Guest Speaker on WRAP** **12-1** Meditation Movement **1-2** Peer Support	**1/17** **10-11**Peaceful Mind **11-12** Peer Support **12-1** Art Expression **1-2** Building Community	**1/18** **10-11** Peer Support **11-12** Fish Bowl **12-1** The Act's of Life **1-2** Relaxation
1/21 & 28 **10-11** The News Crew **11-12** The Bingo's **12-1** Self-Esteem **1-2** Recovery through Art & Music **2-3** Peer Support **Closed on 1/21, Martin Luther King Day**	**1/22 & 29** **10-11** Peer Support **11-12** Fish Bowl **12-1** Take a Stand **1-2** Peaceful Mind	**1/23 & 30** **10-12** Cooking with Friends **12-1** Meditation Movement **1-2** Peer Support	**1/24 & 31** **10-11**Peaceful Mind **11-12** Peer Support **12-1** Art Expression **1-2** Building Community	**1/25** **10-11** Peer Support **11-12** Fish Bowl **12-1** The Act's of Life **1-2** Relaxation

Note: If you plan to be here a while, the RCC has various snacks or you may choose to bring a lite bite of your own.

Note: SERLC Holiday Party on Friday, January 4th from 11:30-2:30pm at 45 Plant Rd, Hyannis RCC

Calendars created by Liz D'Uva. Calendars can be viewed on our website @ www.southeastrlc.org