

Brockton RCC, November 2018

730 Belmont Street, Brockton, MA 02301

Contact Person: Janet Ransom; Area Program Director, Abigail Gascoyne; Community Connector, Taunton, & Barbara DeCunzo, TAY
Coordinator & Community Connector, Brockton, Lorna Ulmer, Bridger, Brockton & Taunton

Email: janetransom@bamsi.org, abigailgascoyne@bamsi.org, barbaradecunzo@bamsi.org, lornaulmer@bamsi.org

RCC Phone: 508-857-0316, Phone for Abigail Gascoyne: 617-653-2244 Phone for Barbara DeCunzo, 774-539-2131

Hours: Mon 12-3pm, Tues 9-1pm, Weds 4-8pm, Thurs 11-3pm, Fri 11-3pm, Sat 12-2, November 3rd & 17th Only

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			11/1	11/2	11/3
			11-12 Chair Yoga 12-1DRA 1-2 Writer's Journey 2-3 Touch of Music	11-12 Gratitude 12-1 Self Esteem 1-2 Week in Review 2-3 Peer Support	12-1 Spanish Lessons 1-2 Coping w/OCD
11/5	11/6	11/7	11/8	11/9	11/10
12-1 Women's Group (Conf Rm) 12-1 Men's Group (Front Rm) 1-2 Wakeup Call 2-3 Peer Support	9-10 Project Newsletter 10-11 Creative Expressions 11-12 Peer Support 12-1 Touch of Music	4-5 Fishbowl Peer Support 5-6 Walking Group 6-7 Peer Support 7-8 DRA	11-12 Chair Yoga 12-1DRA 1-2 Writer's Journey 2-3 Touch of Music	11-12 Gratitude 12-1 Self Esteem 1-2 Week in Review 2-3 Peer Support	No Groups
11/12	11/13	11/14	11/15	11/16	11/17
RCC is Closed in Observance to Veterans' Day	9-10 Project Newsletter 10-11 Creative Expressions 11-12 Peer Support 12-1 Touch of Music	4-5 Fishbowl Peer Support 5-6 Walking Group 6-8 RCC Thanksgiving Dinner	11-12 Chair Yoga 12-1DRA 1-2 Writer's Journey 2-3 Touch of Music	11-12 Gratitude 12-1 Self Esteem 1-2 Week in Review 2-3 Peer Support	12-1 Spanish Lessons 1-2 Coping w/OCD
11/19	11/20	11/21	11/22	11/23	11/24
12-1 Women's Group (Conf Rm) 12-1 Men's Group (Front Rm) 1-2 Wakeup Call 2-3 Peer Support	9-10 Project Newsletter 10-11 Creative Expressions 11-12 Peer Support 12-1 Touch of Music	4-5 Fishbowl Peer Support 5-6 Walking Group 6-7 Peer Support 7-8 DRA	Closed for Thanksgiving	11-12 Gratitude 12-1 Self Esteem 1-2 Week in Review 2-3 Peer Support	No Groups
11/26	11/27	11/28	11/29	11/30	
12-1 Women's Group (Conf Rm) 12-1 Men's Group (Front Rm) 1-2 Wakeup Call 2-3 Peer Support	9-10 Project Newsletter 10-11 Creative Expressions 11-12 Peer Support 12-1 Touch of Music	4-5 Fishbowl Peer Support 6-7 Peer Support 7-8 DRA	11-12 Chair Yoga 12-1DRA 1-2 Writer's Journey 2-3 Touch of Music	11-12 Gratitude 12-1 Self Esteem 1-2 Week in Review 2-3 Peer Support	

Note: Autumn Art Reception, 730 Belmont Street, Brockton on November 9th from 5-6:30pm
Calendars created by Liz D'Uva. Calendars can be viewed on our website @ www.southeastrlc.org