

Brockton RCC, January 2019

730 Belmont Street, Brockton, MA 02301

Contact Person: Janet Ransom; Area Program Director, Abigail Gascoyne; Community Connector, Taunton, & Barbara DeCunzo, TAY Young Adult Leader & Community Connector, Brockton, Lorna Ulmer, Bridger, Brockton & Taunton

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RCC Phone & Janet: 508-857-0316 Fax: 774-223-5130, Abigail Gascoyne: 617-653-2244 Barbara DeCunzo: 774-539-2131 Lorna Ulmer: 978-660-8302 Hours: Mon 12-3pm, Tues 9-1pm, Weds 4-8pm, Thurs 11-3pm, Fri 11-3pm, Sat 12-2, January 5 & 19, Only

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	New Year's Day 1/1 9-10 Project Newsletter 10-11 Creative Expressions 11-12 Peer Support 12-1 Touch of Music	1/2 4-5 Fishbowl Peer Support 5-6 Walking Group 6-7 Peer Support 7-8 DRA	1/3 11-12 Chair Yoga 12-1 DRA 1-2 Writer's Journey 2-3 Touch of Music	1/4 The RCC will be closed for the day. The SERLC Holiday Party will be in Hyannis from 11:30-2:30	1/5 12-1 Spanish Lessons 1-2 Coping w/OCD
1/7 12-1 Women's Group (Conf Rm) 12-1 Men's Group (Front Rm) 1-2 Wakeup Call 2-3 Peer Support	1/8 9-10 Project Newsletter 10-11 Creative Expressions 11-12 Peer Support 12-1 Touch of Music	1/9 4-5 Fishbowl Peer Support 5-6 Walking Group 6-7 Peer Support 7-8 DRA	1/10 11-12 Chair Yoga 12-1 DRA 1-2 Writer's Journey 2-3 Touch of Music	1/11 11-12 Gratitude 12-1 Self Esteem 1-2 Week in Review 2-3 Peer Support	1/12 No Groups
1/14 12-1 Women's Group (Conf Rm) 12-1 Men's Group (Front Rm) 1-2 Wakeup Call 2-3 Peer Support	1/15 9-10 Project Newsletter 10-11 Winter Art Project 11-12 Peer Support 12-1 Touch of Music	1/16 4-5 Fishbowl Peer Support 5-6 Potluck Dinner 6-7 Peer Support 7-8 DRA	1/17 11-12 Chair Yoga 12-1 DRA 1-2 Writer's Journey 2-3 Touch of Music 4-6 TAY Social	1/18 11-12 Gratitude 12-1 Self Esteem 1-2 Week in Review 2-3 Peer Support	1/19 12-1 Spanish Lessons 1-2 Coping w/OCD
Martin Luther King Day 1/21 12-1 Women's Group (Conf Rm) 12-1 Men's Group (Front Rm) 1-2 Wakeup Call 2-3 Peer Support	1/22 9-10 Project Newsletter 10-11 Creative Expressions 11-12 Peer Support 12-1 Touch of Music	1/23 4-5 Fishbowl Peer Support 5-6 Walking Group 6-7 Peer Support 7-8 DRA	1/24 11-12 Chair Yoga 12-1 DRA 1-2 Writer's Journey 2-3 Touch of Music	1/25 11-12 Gratitude 12-1 Self Esteem 1-2 Week in Review 2-3 Peer Support	1/26 No Groups
1/28 12-1 Women's Group (Conf Rm) 12-1 Men's Group (Front Rm) 1-2 Wakeup Call 2-3 Peer Support	1/29 9-10 Project Newsletter 10-11 Creative Expressions 11-12 Peer Support 12-1 Touch of Music	1/30 4-5 Fishbowl Peer Support 5-6 Walking Group 6-7 Peer Support 7-8 DRA	1/31 11-12 Chair Yoga 12-1 DRA 1-2 Writer's Journey 2-3 Touch of Music		

Note: SERLC Holiday Party on Friday, January 4th from 11:30-2:30pm at 45 Plant Rd, Hyannis RCC

Note: Peer Advisory Board Meeting on Wednesday, January 23rd from 10:30-12pm at 730 Belmont St, Brockton RCC

Calendars created by Liz D'Uva. Calendars can be viewed on our website @ www.southeastrlc.org